Welcome to the 2nd edition of the TONS electronic newsletter! Remember to click on the web address hyperlinks!

ELECTIONS!
Deadline for TONS board member nominations is quickly approaching! Submit nominations to Mary Dunn by September 16!

Election information can be found on the TONS Virtual Community (VC) Click on Calendar then click the date 9/16/11.
Positions are President-Elect, Secretary, Treasurer, and Membership Chair.

NOMINATE!

VOTE!

FEATURES:

- TONS Officer Elections
- Chapter Excellence Update
- Fall Conference Update
- TONS Community Events/Programs
- ONS IOL/APN Conference
- Scholarship Winner
- National Award Winner

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President Rita’s Corner

As we are approaching the final quarter of 2011, the TONS Board is realizing just how much we have done and still how much more we need to do for our Chapter and our Members. A two-year commitment or working together with new ideas and problem-solving in unique and creative ways have drawn us much closer together and we have achieved great outcomes.

It’s time for new ideas from new members and thus we all call you to nominate yourself for our open Board positions. We need your input and your talent to continue to make our chapter one of “Excellence.”

We also call you to register for our First Annual Regional Oncology Conference that will be held October 8th in Chapel Hill. We have had a great response so far and want to make it even better by having you attend, and at least one oncology colleague that you invite, to attend. We look forward to seeing all of you there - Be a part of TONS history. We thank you for all that you have given our Chapter by attending our meetings, continuing educational programs and giving us input on evolving oncology information. You are the Chapter - Be Proud. We are proud to serve you.

- Rita Steinbauer, MSN, RN and the 2011 TONS Board

T.O.N.S. of Accomplishments

Our chapter was awarded the Chapter Excellence Award for 2010

*Tell us about your EXCELLENT work*

Let us know about your presentations, publishing, & community activism!

Notify Mary Dunn by October 1, 2011

To include you in our 2011 CHAPTER EXCELLENCE application

UVAnurse04@hotmail.com -OR- mwdunn@med.unc.edu
EVENTS

TONS Presents: Triangle Cancer Symposium
Saturday, October 8, 2011

To attend please complete the registration form on pages 9 & 10, then send with your payment to NCNA at the address provided.

Application made to ONS for 6.0 CEUs.
DEADLINE to REGISTER is SEPTEMBER 30th.

ONS 12th Annual Institutes of Learning (IOL)

November 4-6, 2011 in Salt Lake City, Utah

Win a $500 travel scholarship from TONS.
If you are attending IOL/APN Conference, please apply!

Scholarship Form on TONS Virtual Community;
Click this link & scroll down to “Scholarships”:
http://trianglechapter.vc.ons.org

Click this link to register for the conference:
http://www.ons.org/CNECentral/Conferences/IOL/2011
Program Report
Kerri Richards - Program Chair

1. SEPTEMBER 15th
   “Management Strategies with Rituximab in Low-Grade or Follicular Lymphoma”
   Location: Angus Barn @ 6:00pm

2. OCTOBER 6th
   “Management of Relapsed or Refractory Peripheral T-Cell Lymphoma”
   Location: Ruth’s Chris, Raleigh @ 6:00pm
   Speaker: TONS Member - Susan Bruce!

3. OCTOBER 8th
   Regional TONS Fall Symposium
   Location: Chapel Hill, William & Ida Friday Conference Center
   See registration info on pages 9-10

4. NOVEMBER 17TH
   “Advances in Melanoma: Answers.... Regarding Novel Treatment Approaches”
   Details: TBA

5. DECEMBER 6TH
   “New Approaches to Metastatic Breast Cancer...”
   Details: TBA

Please check the virtual community and watch your e-mails for updates on registration and new programs!

Treasurer’s Report
Kim Camp - Treasurer

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Membership Report
Jamie Banwell - Membership Chair

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<td><strong>New Members in 2011:</strong></td>
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American Cancer Society Honors North Carolinian Among Exemplary Cancer Caregivers

May 10, 2011—Ellen F. Parks, R.N., O.C.N., C.N.I.V., nurse clinician, Duke University Medical Center, Durham, N.C., is one of 11 outstanding cancer care providers to receive the 2011 American Cancer Society (ACS) Lane Adams Quality of Life Award in a ceremony May 12 in Atlanta.

Parks received the award for going above and beyond her duties as a nurse clinician. Through her compassionate care, she considers her patients friends and strives to help every patient get the best care possible. Familiar with many ACS programs, Parks is able to provide information immediately upon hearing about patient needs.

Parks has been a champion volunteer with the American Cancer Society for more than 20 years. From 1988 to 2007, she held a variety of leadership positions with the Illinois Division. Since moving to North Carolina in 2007, she has served the South Atlantic Division by chairing the Durham Volunteer Leadership Council, leading a Relay for Life team, promoting the Road to Recovery Program and other ACS services.

Since 1988, the Lane Adams Quality of Life Award has recognized individuals who have made a difference through innovation, leadership and consistent excellence in providing compassionate, skilled care and counsel to persons living with cancer and their families.

“Going above and beyond the call of duty to extend the ‘warm hand of service’ to cancer patients is very important to these remarkable individuals,” said Edward E. Partridge, M.D., national volunteer president of the American Cancer Society. “These extraordinary awardees deserve to be recognized for their efforts to provide hope to those touched by cancer and for helping create a world with less cancer and more birthdays.”
Local Events

& Volunteer Opportunities

The TONS “Needs Assessment Survey” from 2010 showed that members wanted TONS to be more visible in the community. To make this happen, we have planned two events. Now, we need VOLUNTEERS to assist us! These are worthwhile events, and besides, it will look good on your resume!

SEPTEMBER 17th

• Gail Parkins Memorial 5K Ovarian Cancer Walk & Run
  • Saturday September 17th @ Sanderson High School in Raleigh
  • 6:45am - 1:00pm
  • Volunteers needed to staff a TONS information table featuring TONS information for participants about Ovarian Cancer awareness, treatment, and survivorship.
    • Need: 5+ volunteers
    • Lead: Jamie Banwell

NOVEMBER 5th

• Free to Breathe 5K Walk & Run for Lung Cancer
  • [http://www.freetobreathe.com/](http://www.freetobreathe.com/)
  • Saturday November 5th @ North Hills High School in Raleigh
  • 7:00am - 1:00pm
  • Volunteers needed to staff a TONS information table featuring TONS handouts/information for participants about Lung Cancer awareness, treatment and survivorship.
    If you wish to join a team: Duke “True Blue” team captain is Dr. Ready, and UNC “Heeling for Heroes” team captain is Tammy Alred.
    • Need: 5+ volunteers
    • Lead: Sheree Dunn

** TONS does not have teams participating in either event, only staffing tables. However, please feel free to form your own team or join an existing team to show your support.

REMEMBER: We can document your participation in these types of activities on the Chapter Excellence Application for 2011 - You just need to let us know!

E-mail Mary Dunn [uvanurse04@hotmail.com](mailto:uvanurse04@hotmail.com) to volunteer or have questions.
ONS Congress in Boston  
May 2011 Report - Representing our “Excellent” Chapter

ONS held its 36th annual Congress in Boston on April 28th through May 1st. The goal of Congress is to offer interactive learning experiences and networking opportunities for oncology nurses to impart excellence in oncology nursing and quality cancer care. Throughout the four days I heard great presentations, attended poster presentations and met new and old friends. I think ONS should add to the goal that Congress aims to be inspirational because it does just that.

The opening ceremony was fun, it was great to see over 20 countries represented. Charlie Lustman was the keynote speaker. He is a survivor of osteosarcoma of his jaw. He has not let that interfere with his ability to write, sing or perform. Notably he stayed throughout the whole Congress to chat with anyone who wanted to meet him.

Another keynote speaker was Betty Farrell RN PhD FAAN who presented the Mara Morgensen Flaherty Lecture on Saturday morning. Her subject “Nurse Exemplars in Psychosocial Care at the End of Life” allowed us to look at this sensitive topic from a global perspective. She highlighted the challenges faced by nurses in California as well as nurses in Africa who have to walk many miles on dirt roads to provide care to terminally ill patients.

Two of my favorite presentations were “Unraveling the Mystery of the CYP450 Pathway” presented by Julie Ponto PhD and Diana Wortham MSN and “Signaling Pathways and Targeted Therapies” presented by Julie Eggert PhD, Stacy Chew RN OCN and Lori Williams, PhD. These topics are very important as cancer therapies become individualized to patients. Understanding why a patient receives a particular chemotherapy at a specific dose will play an increasingly important role as our knowledge of signaling pathways expands. Another great presentation was “Genotype Directed Therapy for Lung Cancer in 2011”. Michelle Myers BSN and Locia Sequist MPH informed us of current and potential genotype testing for lung cancer patients and the implications for personalized treatments.

It was most impressive to view and speak with the nurses who presented posters on a huge variety of topics. Several TONS members presented posters and papers demonstrating clearly why our members earned the 2011 Chapter Excellence Award.

In addition there were lunchtime and evening education sessions to attend that were so good. My brain was a little fried by Sunday but I earned a lot of CEU’s towards recertification! Boston is a great city. The Red Sox played Saturday night. Everyone was very friendly and accommodating. It was my first time attending Congress but I hope the first of many.

– Joan Cahill
Some time ago I read a review of this book by ONS and was fascinated by the content. It only took me a year to get around to reading it! But now that I have, I want every oncology nurse to read this marvelous book.

Henrietta Lacks was a young wife and mother when she was diagnosed with cervical cancer in the early 1950’s. This book chronicles her diagnosis, treatment and more importantly how this woman’s life and death contributed to research in ways she or her family could not have imagined. In the days before informed consent, Henrietta’s cells were taken and cultured in labs. Her cells are the first human cells grown in culture and they are still alive today.

HeLa cells, as they are known have been bought and sold in the billions. Her cells were instrumental in the development of the polio vaccine, chemotherapy and in vitro fertilization. All this and more occurred without her or her family’s knowledge. The Lacks family is still struggling to put their mother’s life in context.

Meticulously researched and written by author Rebecca Skloot, this book is a page-turner from beginning to end. I urge you all to read it not only because her cells played a role in making chemotherapy possible, it is also an amazing story.

– Joan Cahill
2011 Fall Symposium
REGISTRATION FORM

Print and Mail with payment to:

North Carolina Nurses Association (NCNA)
P.O. Box 12025, Raleigh, NC 27605

NAME: _____________________________________________
__________________________________________
HOME ADDRESS: _______________________________________

EMPLOYER or SCHOOL: _________________________________

POSITION/CREDS: _________________________________

WORK PHONE: ________  HOME PHONE: ________

FAX: _________________________________

E-MAIL: _________________________________

COST:
Covers course materials, contact hours, lunch and breaks.

TONS Members & Students $75
All Others $90

NC TONS Member: yes _____  no _____

Amount of Payment Enclosed: $___________

Payment by Check only. Make checks out to NC TONS.
Please note: All payments must be received at the NCNA address before September 30, 2011.
Refunds/Cancellation:
Requests for refund or cancellation will be honored if received within 7 working days prior to the event. A $25 administrative fee will be deducted from all refunds.

American Disabilities Act:
Please check if you need help with auxiliary aids or services identified in this act, and submit with your registration form: □

For more information:

Prior to September 30, 2011
Please contact NCNA
1-800-626-2153

After September 30, 2011
Please contact Kerri Dalton
kerri.dalton@duke.edu

Lodging Reservations:
RTP Hilton
4810 Page Creek Lane
Durham, NC 27703

$79 nightly, plus taxes & fees (Rooms may be shared at no additional cost). Reserve with credit card by phone directly at 919-941-6000 or 1-800-445-4845; or fax to 919-941-4845.

The special hotel rate expires September 23, 2011; or if you need to book later, ask for the NC TONS rate, or talk with Brian Ringsdorf.

See TONS Virtual Community for reservation details:
http://trianglechapter.vc.ons.org
WANT TO JOIN?  NEED TO RENEW?

DOWNLOAD THE TONS MEMBERSHIP APPLICATION:
http://trianglechapter.vc.ons.org/page/102834/index.v3page;jsessionid=88198bnnnstp7

Please print a copy, complete the form, then either bring to our next scheduled meeting, or Mail to:
TONS
P.O. Box 61682
Durham, NC 27705

TONS Virtual Community
http://trianglechapter.vc.ons.org/
- Calendar of posted TONS events, as well as various oncology community events.
- Automatic e-mails notifying you of job opportunities, oncology-related community events, and educational activities.
- View TONS board & membership meeting activities.
- See photos of you and your fellow TONS members!

(All at your fingertips, really - click the hyperlink above)
Communicate with your TONS Officers!

President: Rita Steinbauer
rita.steinbauer@duke.edu

President-Elect: Faye McNaull
fmcnaull@nc.rr.com

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klw14@duke.edu

Treasurer: Kim Camp
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President Ex-Officio: Rey Garcia
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Membership Chair: Jamie Banwell
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Program Chair: Kerri Richard
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Political Liaison: Portia Mitchell
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Appointed Members:
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Address line 3

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Newsletter Editor: Faye McNaull